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CANOBOLAS RURAL TECHNOLOGY HIGH SCHOOL

Term 3 Issue 7

Friday 4th August 2023

## NEWSLETTER

### UPCOMING EVENTS

Year 12 HSC Trial Examinations | 31 July - 11 August

CKC Cup: vs Cowra | 22 August (Cowra Host)

CKC Cup: vs Kelso | 25 August (CRTHS Host)

Year 11 Yearly Examinations | 11 - 20 September

### RIDDLE ME THIS...

What grows when you feed it but  
dies when you water it?

Check out our next issue for the answer...



## Acknowledgement of Country

CRTHS acknowledges and pays respect to the Traditional Owners and Custodians of country throughout Australia, specifically the Wiradjuri peoples of whom land we learn on each day.

We honour and respect the cultural heritage, customs and beliefs of all Aboriginal and Torres Strait Islander people.



Canobolas Rural Technology High School

Principal: Mr Brett Blaker

Deputy Principals: Mr Baden Curran, Mr Tristan Goodwin, Mrs Melisa Kerr and Mrs Lucinda Macdonald.

PO Box 8100 | 142 Icely Road Orange NSW 2800 | 02 6362 1677 | [canobolas-h.school@det.nsw.edu.au](mailto:canobolas-h.school@det.nsw.edu.au)



# PRINCIPAL REPORT

Welcome to Term 3,

This week, we celebrate Education Week. 2023 marks 175 years since the establishment of public schools in NSW. Founded in 1848, the Board of National Education was formed and tasked with establishing a public education system in NSW. Prior to 1848, schools operated under a denominational system and were the responsibility of churches.

This year's theme focuses on learning from our past, celebrating our achievements, and embracing the future with confidence. At CRTHS, we are extremely proud of our student's achievements, and all staff are committed to ensuring our students are well-prepared and equipped to be successful in their future pathways.

Currently, we have our Year 12 students sitting their Trial HSC examinations. Whilst this can be a stressful time, it must be viewed as a challenge for our students to get a point-in-time check of where they are positioned. The feedback provided from these examinations is crucial and our students must use this feedback to guide their preparation and study patterns in preparation for the HSC. We wish you all the best during this process.

## STUDENTS USE OF MOBILE PHONES IN SCHOOLS

You may have heard about the changes regarding mobile phone use in NSW high schools beginning in Term 4, 2023.

**Canobolas Rural Technology High School** acknowledges the educational value of technology in supporting and enhancing educational outcomes and student wellbeing. We also recognise mobile phones may cause harm if used inappropriately. We are committed to supporting our students to use them in safe, responsible, and respectful ways to enhance student learning and engagement.

After careful consideration and the analysis of the survey data which was completed by our staff, parents, and carers during Term 2, the school has decided to proceed by using the strategy of locked Mobile Phone Pouches, to reduce the distractions to students in the classroom.

### Important changes coming in Term 4:

The new Mobile Devices Management Plan at Canobolas Rural Technology High School will apply to mobile phones and will occur during all school hours, including break times such as recess and lunch. Access to mobile phones during excursions will be dealt with on a case-by-case scenario. Students will still be able to carry their phones while travelling to and from school.

School staff can allow students to use their mobile phones in specific circumstances, such as for an educational purpose, for their wellbeing or to support students with specific needs.

Parents/Carers wishing to apply for a medical exemption will need to provide a written request, supported with medical documentation (e.g., letters of recommendation from a paediatrician, psychologist, etc.) to the principal at [canobolas-h.school@det.nsw.edu.au](mailto:canobolas-h.school@det.nsw.edu.au).

These requests will be assessed on a case-by-case scenario and will only be granted to students with significant health or wellbeing needs.

Please see below a list of Frequently Asked Questions for Parents/Carers and Students which may be of assistance. We will continue to liaise with you over the coming weeks with further information.

Thanks,  
Mr Blaker

### **PHONE LOCKER POUCH IMPLEMENTATION: FAQ's PARENTS/CARERS**

|   |  |
|---|--|
| <b>What if a student does not comply with the mobile phone plan and accesses it at during the school day?</b> | As with all school rules, student refusal will result in appropriate action being taken, in accordance with the school's behaviour policy.   |
| <b>What if a student needs to make an urgent phone call home?</b>   | Students will be allowed to call home via the front office or via their supervising Deputy Principal.  |
| <b>What if a student with a medical condition requires their phone to record medical information?</b>         | If your child has special medical requirements, you may apply for an exemption through the principal.  |
| <b>How do I arrange permission for my child to use their phone for medical reasons?</b>                       | You will be able to make a request for an exemption during Term 3. If appropriate, an individualised plan for usage will be developed. It will consider their medical needs and set the terms and conditions for phone use, that incorporate school guidelines.  |
| <b>What happens with mobile phones on excursions/sporting events?</b>   | Exemptions may be made for excursions/sporting events on a case-by-case scenario.  |
| <b>How will the school manage the administration of parent enquiries?</b>                                     | Schools will connect with parents in the usual ways and can be contacted anytime via the front office.   |
| <b>What if my child needs to purchase food at the canteen?</b>  | Students are encouraged to bring their physical Debit Cards to school with them to enable cashless transactions.   |
| <b>What if my child needs to use their phone for classwork?</b>   | There may be situations where students may be required to use their phones in class as part of the lesson. In these situations, the teacher will need to monitor the use of the phones by the students, to ensure that they are used for the designated purpose, and once the lesson/activity is completed, ensure that students comply with managing their phones in line with the school's policy. |
| <b>Will the school send a message to my child if I need to contact them?</b>                                  | Messages from parents to students will be passed on as usual.  |
| <b>What if my child chooses to leave their phone at home?</b>   | There is no requirement to bring a mobile phone or related accessories to school.  |
| <b>What happens if my child loses or damages their pouch?</b>   | The school will fund and provide all students with their first mobile phone pouch.<br>If a pouch is lost or damaged, parents/carers and students will be responsible for purchasing a new pouch from the school office for \$20.   |
| <b>What happens if my child forgets to bring their mobile phone pouch to school?</b>                          | The student will need to present to the office and have their mobile phone locked in the school safe for the duration of the school day.   |

## **PHONE LOCKER POUCH IMPLEMENTATION: FAQ's STUDENTS**

|  |  |
|--|--|
| <b>What if I don't possess a mobile phone or have not brought it to school that day?</b>                             | There is no requirement to bring a mobile phone to school.   |
| <b>Can I use my phone before and after the school day?</b>   | As soon as you arrive at school, all mobile phones should be switched off and locked in your personal mobile phone pouch. Mobile phones cannot be accessed until you leave the school grounds at the end of the day.   |
| <b>What if I need to contact my parent/carer during the school day?</b>  | Students will be allowed to call home via the front office or via their supervising Deputy Principal.  |
| <b>What if my parent/carer needs to contact me in the event of an emergency?</b>                                     | In the case of an emergency, your parent/carer can contact the school via the front office.  |
| <b>What if I have a medical condition that requires me to use my phone to record or monitor medical information?</b> | <p>If you require the use of a mobile phone for medical or other reasons, you will be granted an exemption and the details of any exemption will be added to your learning support or individual education plan.</p> <p>You, your teachers, and parents/carers will be made aware of this exemption.</p> |
| <b>I use my phone to purchase food from the canteen or buy uniform items.</b>  | Students are encouraged to bring their physical Debit Cards to school with them to enable cashless transactions.   |
| <b>I have a job. How can my employer contact me about work shifts?</b>   | <p>Students should alert their employers about the school's mobile phone strategy and advise that they may not see any messages the employer sends until after school.</p> <p>Alternative methods of contact such as email could also be used.</p>   |
| <b>Can I take my mobile phone to excursions/sporting events?</b>   | Exemptions may be made for excursions/sporting events on a case-by-case scenario.  |
| <b>What happens if I lose or damage my pouch?</b>  | <p>The school will fund and provide all students with their first mobile phone pouch.</p> <p>If a pouch is lost or damaged, parents/carers and students will be responsible for purchasing a new pouch from the school office for \$20.</p>  |
| <b>What happens if I forgot to bring my Pouch?</b>   | Your mobile phone can be locked in the school safe for the day.  |

**PLEASE SEE PHONE POUCH INFORMATION**  
**AT THE END OF THIS NEWSLETTER**





# DEPUTY PRINCIPAL REPORT

Welcome to an exciting new term! We are thrilled to commence this semester with enthusiasm and a commitment to fostering a vibrant learning environment. At Canobolas Rural Technology we hold our values of respect, responsibility, and learning in high regard. This term, we encourage all students to embrace these qualities and demonstrate their commitment to becoming respectful, responsible learners. By upholding these values, our students contribute to a positive and inclusive school culture that nurtures academic and personal development.

Exciting times lie ahead for our Year 8 and Year 10 students as they embark on the process of selecting their subjects for Stage 5 and Stage 6. This crucial decision-making phase will shape their academic journey for the next two years and beyond. We encourage students to explore their interests, seek advice from teachers and make informed choices that align with their aspirations and goals. Please engage in conversations with your children around their goals, aspirations and subject choices and feel free to contact the school if you have any questions or require clarification.

Regular attendance is crucial to academic success and plays a significant role in a student's overall progress. We urge parents and guardians to support their children in maintaining a minimum attendance rate of 85% throughout the term. Consistent attendance ensures that students do not miss out on valuable learning opportunities and allows for optimal engagement with teachers and peers. If a student is absent, a note should be provided explaining the absence upon their return to school.

We also wanted to provide a kind reminder that all students are expected to adhere to the school uniform policy. Wearing the uniform with pride fosters a sense of belonging and unity among our students. Let us continue to showcase our school spirit by wearing the uniform confidently and representing our school with pride.

We hope everyone has a successful and enriching term!

*Deputy Principal (Years 7 & 10)*

Mrs M Kerr

# TAS

This week the Year 11 VET students have been doing their work placement. Industry work is a mandatory part of all VET courses and gives students experience in their chosen area.

Hospitality students have been gaining experience in both front and back of house in local cafes, refining and applying the skills learned in class, preparing food and serving customers.

Construction students are working with a range of trades in the local area. They are applying their skills learned in the course to work safely, use a range of tools and perform calculations.

Employers have been extremely happy with the work ethic and motivation demonstrated by all of our students.

Many thanks to the following businesses for hosting our students

| Construction                | Hospitality                   |
|-----------------------------|-------------------------------|
| AA Plumbing                 | Bills Beans East Orange       |
| Botanic Landscapes          | Byng Street Cafe              |
| Canobolas Glass Service     | Cafe Latte                    |
| MWG Carpentry               | Canobolas High School Canteen |
| Trentbuild                  | Cocos Cafe & Catering         |
| VersatileCo - Josh Cantrill | Eat Botanic                   |
|                             | Harley and Hem Coffee Brewers |
|                             | The Educated Roast            |





# SUPPORT

What a fantastic start to Term 3!!!



**Agriculture Excursion to the lamb sales in Carcoar**



**Looking after the Hens at the Ag Plot**



**Year 7 enjoying Metalwork**



**Having a game of Boules with Year 7 in the Sensory Garden**



# CAREERS

Dear Students, Parents, and Guardians,

Welcome Back to Term 3! I hope this newsletter finds you well as we welcome back all students to the start of an exciting new term. As your dedicated Careers Adviser, I am thrilled to bring you some important updates and opportunities to help you navigate your path to a successful future.

## **Upcoming White Card Training:**

For those of you interested in pursuing a career in the construction industry, we have some great news! We will be conducting another White Card training session in the coming weeks. The White Card is a mandatory certification for anyone working in the construction field. It provides you with essential knowledge on occupational health and safety practices, ensuring you are well-prepared for your future endeavors in this sector. Please listen to the daily notices to register your interest.

## **Excursion to TAFE for Year 10 Students Completing TVET Subjects:**

Attention, Year 10 students! If you are enrolling in a TVET (TAFE-delivered Vocational Education and Training) subject next year or are considering leaving school to enrol in TAFE full-time in 2024, we have organised an exciting excursion to TAFE. This trip aims to give you a glimpse of the state-of-the-art facilities, extensive course offerings, and the supportive learning environment that TAFE provides. It's an excellent opportunity to make informed decisions about your future studies and career pathways. Further information on this excursion will be provided shortly.

## **Year 12 Students - Preparing for the Future:**

To our Year 12 students, the conclusion of your high school journey is just around the corner, and it's crucial that you have a plan in place for your future. Whether you are considering further education at a university or TAFE, entering the workforce, or exploring apprenticeships and traineeships, I am here to guide and support you through this transition. I kindly request that all Year 12 students schedule an appointment to see me at your earliest convenience to discuss your post-school plans and ensure you are well-prepared for the next chapter of your life.

## **Electronic Excursion Notes via School Bytes:**

As we embrace the convenience of technology, we want to remind parents and guardians that all excursion notes will now be sent home electronically via School Bytes. This digital platform allows for efficient communication, reducing paper waste and ensuring that you receive important updates and permission slips promptly. If you encounter any issues accessing School Bytes or need assistance, please don't hesitate to reach out to our administration team.

In conclusion, I am here to support you throughout your journey at Canobolas High School and beyond. My primary goal is to assist you in making informed decisions about your education, training, and career aspirations. If you have any questions, concerns, or require guidance, please don't hesitate to reach out to me.

Wishing you all a productive and fulfilling term ahead!

*Careers Advisor*

Mr S Coote

# ALEC

The Aboriginal Learning and Engagement Centre is mandated to increase Aboriginal attainment of the HSC. This is a goal of the Government's Closing the Gap initiatives which aim to support young Aboriginal People have success in their education...and this is what we do. We support students with their assessment tasks, classroom work and other obligations such as HSC Minimum Standards and subject selection.

We also look beyond the school. We support kids not only to see success in school but to experience success outside in the real world. This is why we support students with their School Based Apprenticeships and Traineeships (SBAT), work experience and other post-school training and employment opportunities.

A large part of this work involves working collaboratively with Community and outside partnerships. So recently, with Mr Coote, the school's Career Advisor and other local High Schools, we were able to visit the Orange City Council, who were collaborating with the Elsa Dixon program, to participate in an information day, exploring the many employment opportunities that the Council has on offer. The students learned about the vast range of jobs and industries the Council is involved in and possible training and work experience options. Our students got to meet Heads of Departments, experienced tours of the various facilities and had one-on-one assistance in creating resumes and cover letters that they could use to apply for work experience or employment. Every Canobolas student who attended, successfully networked, made contacts with relevant employers, had their resumes created and were asked to apply for work experience in the areas of work that THEY were interested in.

This day of activities was supported by the Elsa Dixon Aboriginal Employment Grant who are working in collaboration with the Council to support our students through their funding model, which includes training and SBATs. Last year's visit saw two of our students be picked up as trainees and are now successfully completing their SBATs with the Council's youth services.

Overall, this was an exciting and successful day. The ALEC looks forward to supporting these students, no matter what they choose to do, whether it is to stay at school and complete their HSC, complete their HSC and gain a qualification through the SBAT pathway, or leave school to pursue an employment and training pathway.

*Head Teacher ALEC*

Mr Wade

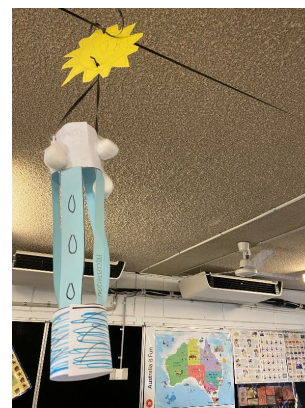


# HSIE

Welcome back to Term 3.

Years 7 and 9 HSIE have shifted their focus to history, while years 8 and 10 have shifted their focus to geography.

Year 8 have been focusing this week on the water cycle and have been making physical models in class. The models will be a visual reminder of course content.



This term is a busy one with a number of assessment tasks already handed out. Students are encouraged to seek assistance early if they are struggling with a set task.

We want to encourage year 11 students to begin preparing for their upcoming examinations in weeks 9 and 10. Students are encouraged to take notes against their syllabus dot points and attempt short and extended response questions at home.

*Head Teacher HSIE*

Mr Adcock

# CAPA

Welcome back to Term 3... our busiest Term of the school year for our HSC students. Currently they are completing their trial HSC examinations and we wish them every success in these and beyond. You have done the work, read each question carefully, break them up and apply all that knowledge you have gained over the course of the last 18 months. As well as the exams CAPA students also have practical components that are due very soon i.e. Visual Arts Body of Work and Music electives again we wish all CAPA HSC students the very best in these endeavours as we know how hard you and your teachers have been working to get these completed to a very high standard.

In other news, the Year 12 PDM class having been working very hard on organising the grand opening of our new CAPA building and at the conclusion of the HSC Trial Exams will resume this with the expected official opening of the building to occur on the 8th September so keep an eye for that. They will also be exhibiting some of their stunning photographs at the same time.

Our Band and Choir programs continue to grow with new members joining every term. Under the expert conductorship of Ms Crouch and Mr Logan these groups have planned excursions to the eisteddfod and other venues around the area... Go Canobolas!!!

*Head Teacher CAPA*

Ms Lindsay

# CHESS NEWS

## Canobolas Chess team Striving for the Final!

It is with great excitement that on the 9th August, the school chess team, will compete in the 5th round of the New South Wales Junior chess league tier two competition, this is for the second time in the last few years, this being their last hurdle before the final.

The team is particularly proud of their efforts this year as it is the first time the team has made it through to this round of the competition after playing a competitive game in each of the previous rounds, after their narrow loss to Kinross Wolaroi School (1.5-2.5) the team has beaten in away games James Sheahan High School (3-1), St Mary's Wellington (4-0) and most recently drew with Denison College, Bathurst Campus 2-2 and the team is very excited by the prospect of playing in the penultimate round of this year's competition against a new opponent in Macquarie Anglican Grammar School and possibly the final.

Their next game against Macquarie Anglican Grammar School Dubbo is here at Canobolas, and the team is looking forward to the challenge.



The team deep in concentration against Denison College in Bathurst.  
They finished the day 2 all.

### Remember!

The chess boards are available every day in the Hub on request and the chess players meet in the hub at lunch on Thursday for some friendly games. New players are always welcome.



# BIG PICTURE

## THE FINAL CHAPTER

This year we have five clever students in Year 12 Big Picture on their way to successfully graduating with the International Big Picture Learning Credential. Upon completion of a HSC Trial Examinations and also a BP final exhibition this term, some will then sit explicit HSC exams in October and then over Zoom, (late Nov) present and sit interviews with university course directors to secure their university placement for 2024. As a number of students have been in Big Picture since year 8, it is wonderful to see how they have all blossomed into independent, confident and respectful young adults who are finally on the home stretch, after a marathon effort towards completing their 13 years of high school education.

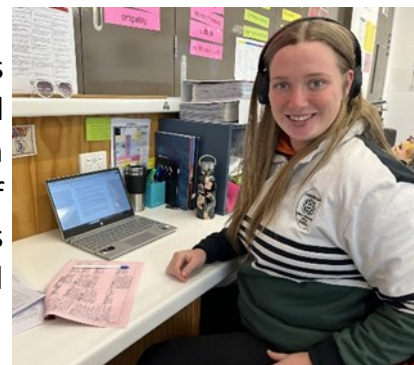
Congratulations and best of luck for your future endeavours Fion, Maddie, Jess, Jade and Koda.

***Thank you all for bringing delightful personalities, inclusivity and extraordinary spunk to the Big Picture Academy.***



**Fion Tan** is a quiet conscientious young lady with a passion for Family Law. She has been meticulously researching Domestic violence for her final thesis and is hoping to gain university acceptance to WSU to study either Bachelor of Laws or Bachelor of Arts (Interpreting and Translation) both at Parramatta campus OR to the University of Canberra to study Bachelor of Laws.

**Jessica Healey** is a talented hockey goalkeeper with a serious passion for Sport. She has been methodically researching Social Justice in Sport for her final thesis and is hoping to gain university acceptance into UoW to study either Bachelor of Sport OR to ACPE in Sydney to study Bachelor of Sports Coaching (Management) or Bachelor of Education (Physical and Health Education).



**Jade Brown** is a perceptive young lady with sheer drive and determination to succeed. She has a keen interest in marketing and advertising and is also an enthusiastic rugby player for Orange City.

Jade has been carefully researching mobile phone balance within the high school setting for her final thesis and is hoping to gain university acceptance into UoW to study either Bachelor of Journalism, Bachelor of Communication and Media or Bachelor of Social Science OR to CSU Bathurst to study Bachelor of Communication.



**Nykoda Caston** is an enthusiastic film guru with a HUGE passion for screen and media. With patience, compassion and the utmost respect, Koda has been painstakingly interviewing and researching Indigenous members of our local community, gathering data to showcase in his documentary production of Indigenous storytelling through film, for his final thesis.

He is hoping to gain university acceptance into UoW to study Bachelor of Communication and Media (Screen Media Production) OR to University of Canberra for a Bachelor of Film Production OR to Sydney (UTS) to study Bachelor of Communication (Media Arts and Production).



**Maddison Reilly** is an intuitive young lady with a passion for diversity. She has been diligently researching and interviewing experts on gender identity and acceptance for her thesis, and is hoping to be successful with university applications to CSU Bathurst/Port Macquarie to study Bachelor of Psychology or Bachelor of Social Sciences.

# ENGLISH & LOTE

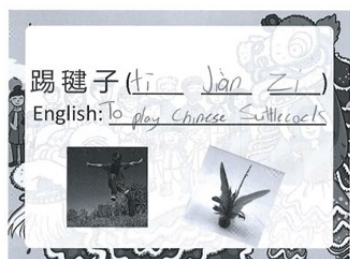
Welcome to Term 3!

Year 12 are partway through completing their Trial HSC Examinations. These will continue into Weeks 4 and 5 of this term. We wish them all luck with the remainder of their exams.

## Year 7 Chinese

你好 (nǐ hǎo)

Year 7 language classes have learned to use the Chinese of familiar sports, such as rugby, basketball, netball and swimming, through various speaking, reading, writing and hands-on activities this term. Students have extended their cultural knowledge and understanding by learning about and playing a traditional sport called 毽子 (jiàn zi, or Chinese shuttlecock). They will learn to ask and answer questions about their preferences for sports. Students will further develop their vocabulary and literacy skills by using conjunction words “and” and “but” in Chinese and the question word for yes/no questions. They will also extend their cultural knowledge and



understanding by learning about Chinese sporting culture and attempting other traditional sports. There are a lot of opportunities for interaction and hands-on learning in class. Keep having fun!

| Chinese symbols | How to say the word in Chinese | English                          |
|-----------------|--------------------------------|----------------------------------|
| 打篮球             | dǎ lán qiú                     | To play basketball               |
| 打排球             | dǎ pái qiú                     | To play volleyball               |
| 打板球             | dǎ bǎn qiú                     | To play cricket                  |
| 打网球             | dǎ bǎn qiú                     | To play netball                  |
| 打乒乓球            | dǎ ping pāng qiú               | To play table tennis / ping pong |
| 打曲棍球            | dǎ qū gùn qiú                  | To play hockey                   |
| 打橄榄球            | dǎ gǎn lǎn qiú                 | To play rugby                    |
| 踢足球             | tī zú qiú                      | To play soccer                   |
| 游泳              | yóu yǒng                       | To swim                          |
| 跑步              | pǎo bù                         | To run                           |
| 骑车              | qí chē                         | To cycle                         |
| 田径              | tián jīng                      | To play athletics                |

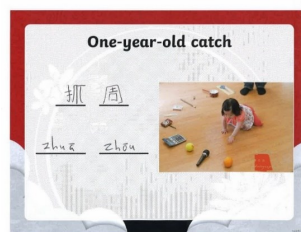


## Year 11 Chinese Beginners

同学们好 (tóng xué mén hǎo)

This term, Year 11 Chinese Beginners have continued building up their knowledge, understanding and skills by learning to introduce their friends, talk about their year groups, and describe their facial features. They have also continued learning to name some Chinese dishes and expressing food preferences. Students have started the topic of “My Birthday”, through which they learn to talk about dates, days of the week and birthdays. They have extended their intercultural knowledge and understanding by comparing school lives and birthday celebrations in Australia and China. Students also had the opportunity to make 红包 (hóng bāo, or red envelope/red pocket money), a popular gift the Chinese community would like to give on big days and festivals. They will learn to communicate about time, daily routines and to express opinions about time. Students will learn to discuss their home





environment, dwelling, rooms and furniture. Students will also learn to talk about clothing, including colours and types of clothes. With this new language, students can describe how the clothes fit and that they are looking for something particular. Students will extend their cultural knowledge and understanding by learning about Chinese leisure activities, houses in China, and traditional Chinese clothes. They will also attempt popular Chinese leisure activities and try on some traditional Chinese clothes.

第十课 我的朋友

F. Make an identity card for the missing person described below.

他叫王大中，今年十一岁，上五年级。他是中国人，会说英语。他的脸很长，头发很短。鼻子很大，嘴巴很小。他的眼睛很小，眉毛很长。他非常喜欢跑步，非常喜欢听音乐，非常喜欢画画。

| Information              | Descriptions        |
|--------------------------|---------------------|
| Name: Wang Da Zhong      | Face: Very long     |
| Nationality: Chinese     | Hair: Very short    |
| Age: 11                  | Eyes: Very small    |
| Gender: Male             | Eyebrows: Very long |
| Language spoken: English | Nose: Very big      |
|                          | Mouth: Very small   |

### Year 11 Standard and Advanced English

Year 11 English Standard and Advanced classes completed their second assessment task for the course at the end of Term 2. This assessment was a multimodal presentation on their respective set texts. Below is a selection of student samples with the names removed.

By F.T.

Desdemona's POV

He doesn't listen to what I say  
It's our trust that fades away  
Loving him is what I regret  
If only I could forgive and forget

My opinions are not heard  
They fly away like a bird  
I do not like to be alone  
But I can't stand the voice of his tone

Still, my heart is pure  
It is Iago that is the lure  
Why can't all of this end  
Or is this relationship pretend

All these rumours I cannot bare  
Emilia is the only one who will care  
Please put me out of this misery  
because all I am is just a property

Prezi

By E.E.

Plush and made of silk

The bed that she lays

She once was tender and full of youth

Men flocking to her

Begging to be the owner of that fine steed

She only let one come close

He was a respectful young man

He slicked his hair and wore green woolen socks to bed

Their portraits could be hung in the most elite of museums

And would never seem out of place

As she aged, his tender loving began to match his once jewel toned socks

Worn and strung out

They now began to resemble rope

**Creative Reimagining**

And as his collection of worn, strung out socks grew

He began tying them together

His once beautiful wife, had become damaged goods

She was no longer valuable

So as she laid, in her plush silk bed

Waiting for her husband, who she loved just as much as the day they met

While he had grown bitter, that she had the audacity to lose herself in him

As he walked into the room she noticed he wasn't wearing his usual socks

But none of that mattered, she finally had him to herself

And as he sat next to her, he wrapped his green, worn rope around her neck.

*By S.M.*



*By O.K.*

Othello Reconceptualisation by OK  
(Second Monologue After Emilia's In Act IV Scene 3)  
Act IV  
Scene 3

## Iago And Emilia's Chamber

## EMILIA

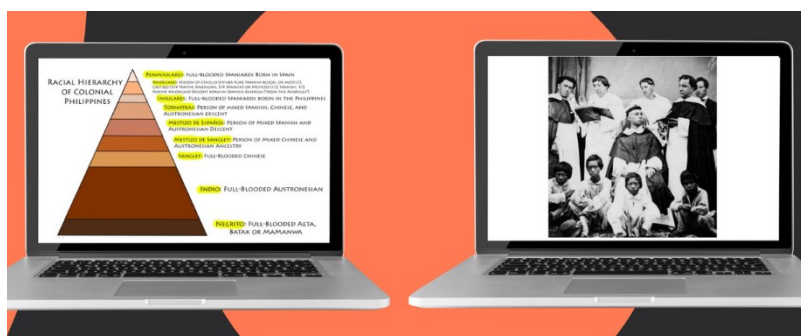
Oh Desdemona, I fear the green eyed monster has taken me, For how I desire to be treated as a lady should has engulfed me. For you hath the Moor and I hath nothing. For I wish that the Moor would enchant me with his dark spell and claim me as his own. The Devil hath planted this seed inside my soul letting it rot away leaving nothing but cold. If you, my dear lady, do fall. I shall fall as well. I wish to rid this cold, rid Iago. I wish to burn in the flames of the moor and be reborn. These vile acts within my head shall have me cast into the burning pits of hell for eternity and yet I shall still long for the affections all ladies do. For I'm sorry my dear lady, My actions are defined by my love for you and Iago. Yet I do not wish for the bitter taste of jealousy to be cleansed from my palate, It reminds me of the cold in my soul and the warmth It seeks. And though I will never grasp what I seek,

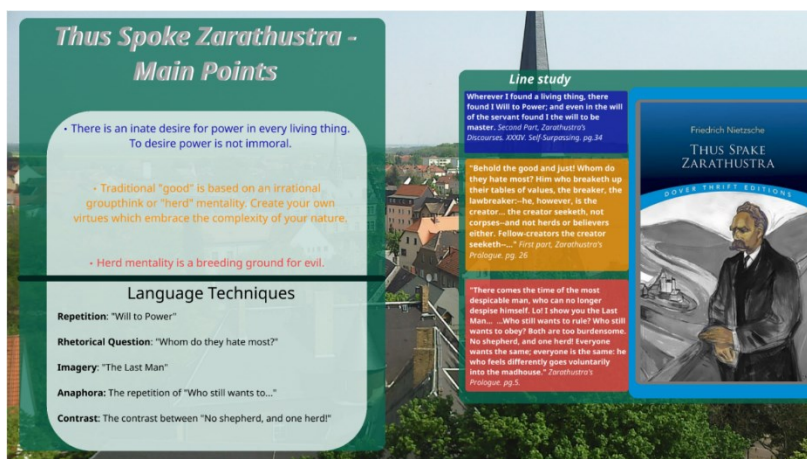
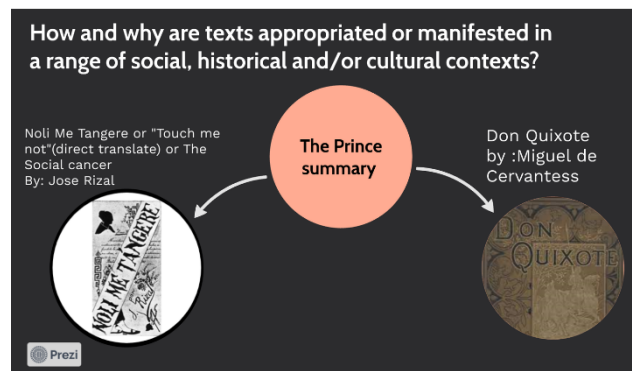
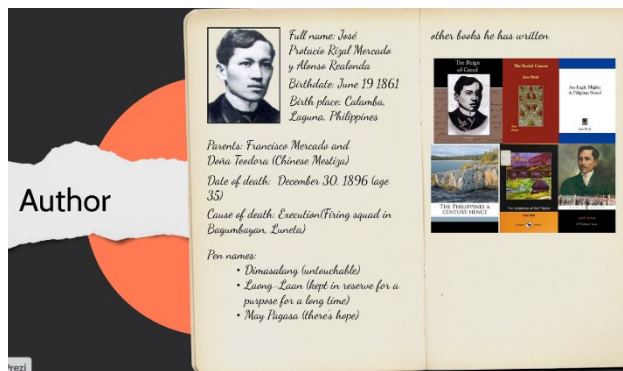
This bitter taste will drive me to my revenge.

[EMILIA EXIT]

## Year 11 Extension English

Year 11 English Extension also completed a multimodal presentation at the beginning of this term. Below is a selection of student samples.





## Year 12 Standard and Advanced English

Year 12 Standard and Advanced English completed their Craft of Writing assessment task at the end of Term 2. In this task, students were required to write either a persuasive or discursive piece in response to a topic or stimulus, and a reflection on this piece. Below is a selection of student samples with the names removed.

### By A.I.

The lack of support can make growing up extremely difficult. It can make a child's upbringing immensely difficult because children require support and guidance to assist them in achieving the best of their ability. Without the support and encouragement of a supportive family, lack of support can impact a child's performance and can negatively impact their self-esteem. As of 2021 there are approximately 21% of families that lack family support. In the film Billy Elliot the scene where Billy is wanting to learn ballet without his father finding out, then his father walks in and gets mad at Billy for it, this is an example of the lack of support his father had for him to do ballet because it is a "girls sport" and that he needs to play football or do boxing. Billy had his mindset to pursue his dream. It was frowned upon by others however this did not deter Billy. This showed the lack of support for Billy's dream to become a professional ballet dancer and to chase his goals. Billy was determined to achieve his dream even when he was being called harsh names such as "gay", this did not stop him. This is a global issue, many children throughout the world are impacted by the issue of lack of support for the younger generation which negatively impacts their upbringing. I believe having constant support and positive parental influence is crucial in learning life skills and is important for children to be able to put their best foot forward in life.

### By E.R.

Occupations are societal beliefs and expectations about the types of jobs or careers that are considered suitable or appropriate for individuals based on their gender. Male-dominated professions are generally engineering, construction and mining as they are stereotypically



associated with masculinity. Occupations that are stereotypically more female professed are teaching, nursing and childcare as they are more feminine. Whether you are male or female, all individuals have the right to pursue careers based on their interests, skills, and passions rather than the expectations society portrays. This should raise a basic standard in equality circulating society. In the film, Billy Elliot, Billy has grown up in a household where his father and older brother are both heavily involved in coal mining as their job as it's more masculine and enforcing that expectation onto Billy. As a father, you shouldn't be pushing your own beliefs onto others but ensuring and promoting they chase their own dreams and opportunities instead of your own.

#### By B.A.

When writing my piece, I took the initial ideas and placed them into separate paragraphs, these were often about a sentence long, which related to the point I wished to make. They became my topic sentences. I then went down a few lines lower and added other key terms. From this I would then expand this string of words into full sentences, this allowed myself to express my ideas more clearly, as I had my point and was then expanding my writing around my point -of- view. I chose the issues of a weakened economy, living in poverty and the breaking down of community and family relations because they are situations that we could all find ourselves in. Despite the fact that a coal miners strike nearly 40 years ago may seem abstract to today's society. This relates to The Craft Of Writing as it displays the ability of stories to be shared across times and geographical locations, like Oodgeroo Noonuccal's association between Chinese culture and her Indigenous culture.

#### By M.H.

'A leader is only a dealer in hope' implies that instead of a leader being an inspirational role model, they are in fact just bargaining themselves into their desired role by fueling their followers with hope that their concerns will be at the forefront of their mind if elected. Leaders from all over the world are guilty of this. For instance when Gough Whitlam, leader of the Labor party won the Australian election in 1972. Just as every other government campaign before him, he had the slogan 'It's time'. Being one of Australia's earliest campaigns to appear in mainstream media, it was made even more effective by the integration of the song 'Its Time'. This song was written by campaign director Paul Jones and voiced by Alison McCullum. It wasn't just time for change, that it was time for freedom, time to give, time for improving as indicated by the lyrics. Whitlam had to take a revolutionary approach in order to earn the vote, there wasn't a course to prove himself a worthy leader, he just had to have the preference of the majority.

#### By A.Y.

As children, we get read stories and shown the corresponding pictures. As children we have extremely vivid imaginations. The stories we get read and the shows we watch, we often reenact, or recreate when we're playing. Then as we get older, and our handwriting develops, our imagination gets put into words on a page, and we give our stories to anyone who will read it and our personal voices bloom from their encouragement. As we continue to get older, we get given more complex books and we begin to learn different techniques and their importance. Our stories become bigger, better, more technical. And whilst our families and friends may no longer want to read our stories, our personal voices continue to bloom because we become more technological and upload our stories to various platforms such as Wattpad or Archive Of Our Own.

By C.P.

Effective leadership is to be shown not only heard. Leaders are not born, they are created. Leaders absolutely need these four qualities: empower people, inspire, lead change, and share vision/ wisdom. Good effective leaders are individuals who see something that needs to be changed, discuss strategies to resolve issues, and put the effort and work in, and the results are physically shown. The leaders of today are supposed to represent their people, their country. Leaders should be able to focus on the problems at hand and solve them without creating more. Whilst you are solving you need to be able to take on board other individuals' perspectives, as you can not single-handedly experience everything. For example in Pearson's eulogy, "this old man was one of those rare people who never suffered discrimination but understood the importance of protection from its malice." Although he had not experienced the prejudice first hand he advocated for the Australian people.

### Writing Competition

## **75-word fiction competition**

Describe a moment, pen a poem, reflect on a feeling or thought.

Write with maximum impact, in exactly 75 words you ought.

Use the visual prompts below.

Include more than one; aim to use all three there.

Tell a story in the most creative way and showcase original flair.

Can you capture the senses or conjure a scene and meet the due date?

REWARD: do some simple math and you will work out the rate.



**This competition is open to students, parents and staff of the CRTHS community. All submissions are to be received by COB on Friday, 25th August 2023 (end of Week 6), at the English Faculty office (D13).**

Prizes up for grabs:

*1st prize: \$50 Collins Book Store voucher*

*2nd prize: \$25 Collins Book Store voucher*

*3rd prize: \$10 canteen voucher*

Winning entrants will be celebrated in Week 9's Newsletter.

*Please ensure all entries are your own.*

*Entries that are suspect will be automatically disqualified.*



# PDHPE

## A WARM WELCOME!

We would like to formally welcome a new member of staff to the PDHPE faculty: Mr Alistair Miller.

Mr Miller joins us with a wealth of knowledge and experience. An Orange local, Mr Miller has strong ties with the community and is an enthusiastic and respected educator. We look forward to you joining our faculty.

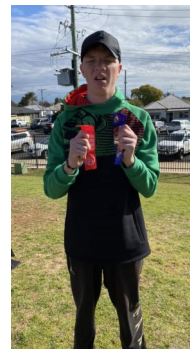


## YEAR 11 PDHPE

Year 11 students have been undertaking their second option 'First Aid' in the Preliminary PDHPE course. This option provides students with the opportunity to learn all about emergency care, both the theory and practical application.

## WSSA ATHLETICS 2023

On Friday 28th July, 23 students travelled to Dubbo to compete in the WSSA Athletics Carnival. All students gave 100% in their events on the track and in the field. Some personal bests were achieved throughout the day. Congratulations to the following students who were successful at the carnival and will now compete at the CHS Athletics Carnival later in the term.



Samuel Gross- 🏆 1500m, 🏆 800m, 🏆 3000m

Miah Naden- 🏆 200m, 🏆 100m

Rebecca Rhodes - 🏆 High Jump

Ty Parker- 🏆 MC 12-15yrs Javelin 🏆 MC 12-15yrs long jump

Alex MacDonald Dillon- 🏆 MC 16-19yrs long jump 🏆 MC 16-19yrs 100m 🏆 MC 16-19yrs 200m

14yrs Boys 4x100m Relay (Isaac Baker, Dylan Garcia, Dj Coombs and Jimmy Boswell) 🏆

15yrs Girls 4x100m Relay (Hanna Gross, Jayanna Dixon, Jemma Jones and Miah Naden) 🏆

16yrs Boys 4x100m Relay (Hunter Worboys, Ryan Huggett, Luke Allen and Joseph Hathaway) 🏆

## CHS STATE VOLLEYBALL KNOCKOUT FINALS

A very brave and patient Mr Francey ventured down to Sydney Olympic Park with the Senior Boys volleyball team to participate in the CHS State Volleyball Knockout. Since placing second in the Regional Knockout, the team has dedicated themselves to improving their skills and tactics during lunchtime, before school and during three July holiday sessions.



“We are a relatively inexperienced group, but their fundamentals have improved out of sight, it’s just match play experience that we lack,” said coach Francey. Barely arrived at the hotel and the lads wasted no time in meeting the other country teams which resulted in an impromptu “who can jump the highest” competition, literally leaving a mark on Domino’s Pizza shop forever.

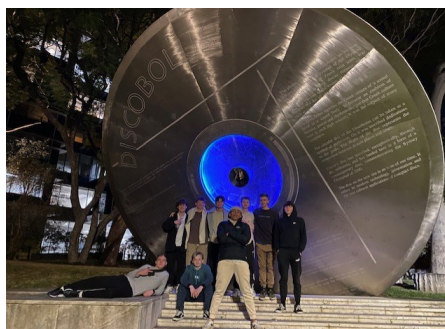
The competition started with the team playing against Sefton High School containing four regional and one State representative. We were nervous early, struggling to get our serves over but gradually worked our way towards being competitive, going down 2 sets to nil, however. The next game was against Ryde Secondary College, with the starting six players all regional reps with three of those also State players. Ryde would eventually win the competition overall, going undefeated throughout. Mr Francey was proud of the boys, they stuck at it, never giving up and taking 21 points of a very good team in the process. The 3rd game was a lot closer, again we were facing an uphill battle against a more experienced team at Oxley High School. It was a very competitive match, played in excellent spirits. Even though we lost in two sets the team had set point at one stage but couldn’t quite finish the job off.

Lifted by their previous performances the boys put all of what they had learned together and defeated Murray High School in a dominant display. This win placed us in a playoff for 13 – 16th place in the event the following day. That night we went for a team dinner and a walk around SOPAC, soaking up the atmosphere of the World Soccer preparations, before diligently heading off to bed for a good night’s sleep.

The final two games of our event were reflective of our inexperience in tournament play, we started on fire, being very competitive but tiredness overtook us in the end, and we finished 16th out of 20 teams. The positive aspect apart from gaining playing experience, was how comfortable the boys were about meeting new people, and how respectful and supportive they were of each other and their coach. “It was an absolute pleasure coaching these fine young men”. Oh, and we finished the highest-placed Western team.

*PDHPE Teacher*

Mr Francey





# CHPA AT FIFA WOMENS WORLD CUP

ON TUESDAY 21ST AUGUST THE CHPA STUDENTS TRAVELED TO SYDNEY FOOTBALL STADIUM TO WATCH A POOL WORLD CUP MATCH BETWEEN COLUMBIA AND SOUTH KOREA. IT WAS A VERY ENTERTAINING MATCH AND THE ATMOSPHERE WAS ELECTRIC. IT WAS AN AWESOME EXPERIENCE TO BE A PART OF A WORLD CUP IN YOUR HOME COUNTRY.





# CKC CUP 2023



**TUESDAY 22ND  
AUGUST @  
COWRA HIGH  
SCHOOL**

**FRIDAY 25TH  
AUGUST @PCYC  
ORANGE**

# UNIFORM

## CRTHS SCHOOL UNIFORM

| JUNIOR GIRLS   | JUNIOR BOYS   |
|--|---|
| <p><b><u>SHIRT:</u></b></p> <ul style="list-style-type: none"> <li>White collared button up shirt <b>OR</b> white polo.<br/>- All items with the CRTHS emblem.</li> </ul> <p><b><u>TROUSERS/SKIRT:</u></b></p> <ul style="list-style-type: none"> <li>Bottle green pleated skirt - short <b>OR</b> long.</li> <li>Black tailored shorts <b>OR</b> black tailored trousers.</li> </ul> <p><b><u>JUMPER</u></b></p> <ul style="list-style-type: none"> <li>Bottle green polar fleece jumper.</li> <li>Bottle green knitted jumper.<br/>- All items with the CRTHS emblem.</li> </ul> <p><b><u>SOCKS/SHOES</u></b></p> <ul style="list-style-type: none"> <li>White socks <b>OR</b> black stockings (with skirt).</li> <li>Black enclosed leather shoes.</li> <li>Bottle green &amp; white stripe tie – optional.</li> </ul>  | <p><b><u>SHIRT:</u></b></p> <ul style="list-style-type: none"> <li>White collared button up shirt <b>OR</b> white polo.<br/>- All items with the CRTHS emblem.</li> </ul> <p><b><u>TROUSERS:</u></b></p> <ul style="list-style-type: none"> <li>Grey shorts <b>OR</b> grey trousers.</li> </ul> <p><b><u>JUMPER</u></b></p> <ul style="list-style-type: none"> <li>Bottle green polar fleece jumper.</li> <li>Bottle green knitted jumper.<br/>- All items with the CRTHS emblem.</li> </ul> <p><b><u>SOCKS/SHOES</u></b></p> <ul style="list-style-type: none"> <li>Grey socks.</li> <li>Black enclosed leather shoes.</li> <li>Bottle green &amp; white stripe tie – optional.</li> </ul>                           |
| SENIOR GIRLS   | SENIOR BOYS   |
| <p><b><u>SHIRT:</u></b></p> <ul style="list-style-type: none"> <li>White collared button up shirt <b>OR</b> white polo.<br/>- All items with the CRTHS emblem.</li> </ul> <p><b><u>TROUSERS/SKIRT:</u></b></p> <ul style="list-style-type: none"> <li>Bottle green tartan pleated skirt - short <b>OR</b> long.</li> <li>Black tailored shorts <b>OR</b> black tailored trousers.</li> </ul> <p><b><u>JUMPER</u></b></p> <ul style="list-style-type: none"> <li>Bottle green polar fleece jumper.</li> <li>Bottle green knitted jumper.<br/>- All items with the CRTHS emblem.</li> </ul> <p><b><u>SOCKS/SHOES</u></b></p> <ul style="list-style-type: none"> <li>White socks <b>OR</b> black stockings (with skirt).</li> <li>Black enclosed leather shoes.</li> <li>Bottle green tartan check tie – optional.</li> </ul> | <p><b><u>SHIRT:</u></b></p> <ul style="list-style-type: none"> <li>White collared button up shirt <b>OR</b> white polo.<br/>- All items with the CRTHS emblem.</li> </ul> <p><b><u>TROUSERS:</u></b></p> <ul style="list-style-type: none"> <li>Grey shorts <b>OR</b> black tailored trousers.</li> </ul> <p><b><u>JUMPER</u></b></p> <ul style="list-style-type: none"> <li>Bottle green polar fleece jumper.</li> <li>Bottle green knitted jumper.<br/>- All items with the CRTHS emblem.</li> </ul> <p><b><u>SOCKS/SHOES</u></b></p> <ul style="list-style-type: none"> <li>Grey <b>OR</b> black socks.</li> <li>Black enclosed leather shoes.</li> <li>Bottle green &amp; white stripe tie – optional.</li> </ul> |
| SPORTS UNIFORM   | OTHER ITEMS   |
| <ul style="list-style-type: none"> <li>Bottle green and black polo shirt.<br/>- All items with the CRTHS emblem.</li> <li>Bottle green and black shorts <b>OR</b> tracksuit pants.</li> <li>Bottle green and black hoodie.<br/>- may be worn with all uniforms.</li> <li>White <b>OR</b> black socks.</li> <li>Sports shoes.</li> </ul>  | <ul style="list-style-type: none"> <li>Black Anorak with CRTHS emblem<br/>- purchased from the school front office.</li> <li>Black School Blazer with CRTHS emblem.</li> </ul>  |



# P&C NEWS

## CRTHS Canteen

Welcome to a new term, there have been many changes in the Canteen including many new menu items.

Unfortunately, there has had to be some price increases to cover the rising stock and staff costs. These have been kept as minimum as possible and are to ensure the canteen can continue to provide quality food to the students of Canobolas.

The P&C thanks our CRTHS families and students for your understanding and patience over the last term as new staff have been trained in the Canteen.

Our new menu is also attached to this newsletter.



## COME AND JOIN OUR P&C

The Canobolas Rural Technology High School Parents and Citizens (P&C) Association needs your help.

Being involved in the P & C helps to build a supportive community around the students of our school.

By attending the P & C meetings:

- you get an opportunity to have your say on decisions affecting your child at school
- learn about the school's policies and programs
- participate in fundraising activities that help improve our school.

There is a yearly membership of \$2.

We meet on the first Wednesday of each month during the school term, in the Big Picture Building (1<sup>st</sup> building on the left) at 6.30pm.

**Unable to attend meetings and would still like to help?**

Volunteers are greatly appreciated.

Assistance is required with our fundraising events and school canteen.

For more information contact Sharlene Anderson or Liz Crossman at the school on ph 63621677 or via our email [canobolas.r.techhighschool@pandcaffiliate.org.au](mailto:canobolas.r.techhighschool@pandcaffiliate.org.au)

**Next Meeting is:  
Wednesday 6 September**



Keep up to date with P&C activities via the school's newsletter and Facebook page

# PUZZLE PAGE

## Term 3 Issue 7

### Easier

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 6 | 1 | 7 | 8 |   |   |   |   | 3 |
|   |   | 4 | 2 | 1 |   | 6 | 7 |   |
| 2 | 3 | 9 |   |   | 7 | 8 | 1 | 5 |
| 8 |   |   | 5 | 7 |   |   | 6 | 1 |
| 7 | 6 |   | 9 |   |   | 4 |   | 2 |
| 4 | 5 | 3 |   |   | 1 | 9 | 8 | 7 |
| 9 | 7 | 5 |   | 8 | 6 |   | 2 | 4 |
| 1 | 2 |   |   | 4 | 9 |   |   |   |
| 3 | 4 |   |   |   | 2 |   | 9 | 8 |

### Harder

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
|   | 5 |   |   | 1 | 7 | 4 |   | 6 |
| 7 |   | 1 | 6 | 4 |   |   |   | 2 |
| 3 |   |   |   |   |   |   |   |   |
|   | 3 | 5 |   |   |   | 2 | 8 | 4 |
|   | 1 | 2 |   | 5 | 4 |   | 6 |   |
|   |   |   |   |   |   |   | 5 | 3 |
|   |   |   |   | 8 | 9 |   | 7 | 5 |
| 5 | 4 |   |   |   |   | 9 |   |   |
|   | 7 |   | 5 | 3 | 2 |   | 4 |   |

## Solutions

### Term 2 Issue 6

#### Easier

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 5 | 3 | 8 | 9 | 4 | 6 | 7 | 2 | 1 |
| 6 | 1 | 4 | 2 | 7 | 3 | 9 | 5 | 8 |
| 7 | 2 | 9 | 5 | 1 | 8 | 3 | 6 | 4 |
| 4 | 5 | 3 | 7 | 8 | 2 | 6 | 1 | 9 |
| 8 | 9 | 7 | 4 | 6 | 1 | 5 | 3 | 2 |
| 2 | 6 | 1 | 3 | 9 | 5 | 4 | 8 | 7 |
| 9 | 8 | 2 | 6 | 5 | 7 | 1 | 4 | 3 |
| 1 | 4 | 5 | 8 | 3 | 9 | 2 | 7 | 6 |
| 3 | 7 | 6 | 1 | 2 | 4 | 8 | 9 | 5 |

#### Harder

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 4 | 9 | 8 | 1 | 7 | 3 | 5 | 6 | 2 |
| 1 | 5 | 3 | 6 | 9 | 2 | 7 | 8 | 4 |
| 7 | 6 | 2 | 5 | 8 | 4 | 9 | 1 | 3 |
| 8 | 2 | 9 | 3 | 5 | 6 | 1 | 4 | 7 |
| 5 | 4 | 6 | 2 | 1 | 7 | 8 | 3 | 9 |
| 3 | 7 | 1 | 9 | 4 | 8 | 6 | 2 | 5 |
| 6 | 3 | 5 | 7 | 2 | 1 | 4 | 9 | 8 |
| 2 | 8 | 7 | 4 | 6 | 9 | 3 | 5 | 1 |
| 9 | 1 | 4 | 8 | 3 | 5 | 2 | 7 | 6 |

# NOTICES



## SOFTBALL REGISTRATIONS OPEN!

DON'T FORGET TO DOWNLOAD YOUR ACTIVE KIDS VOUCHERS

**SEASON STARTS FRIDAY 13TH OCTOBER  
WITH B GRADE GAMES AT JACK BRABHAM PARK  
COME JOIN OUR CARDINALS SOFTBALL FAMILY**

**\$10 DISCOUNT IF YOU REGISTER BEFORE 17TH SEPTEMBER,  
USE CODE " CARDINALSEB "**



**FREE CAP OR VISOR FOR NEW REGISTRATIONS TO THE CLUB  
AGES FROM 5 UP**

**SCAN THE QR CODE FOR THE REGISTRATION FORM**  
[CARDINALSSOFTBALL1@GMAIL.COM](mailto:CARDINALSSOFTBALL1@GMAIL.COM)







PHONE  
LOCKER™

# PHONE POUCH IMPLEMENTATION GUIDE





# 1. WHAT IS A LOCKABLE PHONE POUCH?

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A lockable phone pouch, is a pouch that seals closed, to prevent the use of mobile devices in particular environments.

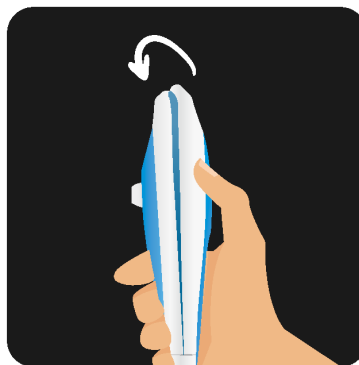
## 2. HOW DOES IT WORK?

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### INSERT

Insert your phone into the pouch



### LOCK

Simply press the pin into the hole to lock closed



### UNLOCK

Unlock by simply placing the locking mechanism near the unlocking device

# 3. IMPLEMENTATION GUIDE

## Education Environment

- Each student at the school will be provided with their own lockable phone pouch.
- The school will set rules around when phones need to be locked. For example whenever in school grounds during school hours, or certain times/places.
- Students place their phone in the pouch, and lock the pouch.
- The school will have unlocking devices, installed in key areas, where students can unlock to gain access.

# 3. IMPLEMENTATION GUIDE

## 1 INSERT

Insert your phone into the pouch

## 2 LOCK

Simply press the pin into the hole to lock closed

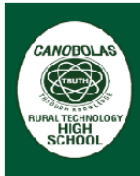
## 3 UNLOCK

Unlock by simply placing the locking mechanism near the unlocking device



● Phones unlocked

● Phones secured in pouch



# Canobolas Rural Technology High School

## Canteen Menu



The CRTHS Canteen

### Breakfast

|   |        |
|---|--------|
| Cheese Toastie                                  | \$1.00 |
| Hashbrown                                       | \$2.50 |
| Bacon and Egg Roll                              | \$6.00 |
| Breaky Wrap                                     | \$5.50 |
| Bacon, egg, spinach, cheese, hashbrown & relish |        |
| Ricotta Pancakes & maple syrup                  | \$4.00 |
| Ricotta Pancakes \$ maple syrup                 | \$4.50 |
| With seasonal fruit                             |        |
| Yogurt cup                                      | \$3.00 |
| Greek yogurt honey and fruit (seasonal)         |        |

### First Break (Recess)

|                                |        |
|--------------------------------|--------|
| Muffin of the day              | \$3.00 |
| Turkish toasties               |        |
| o Ham and Cheese               | \$5.00 |
| o Chicken, Avocado & Cheese    | \$5.50 |
| o Cheese, Tomato, Ham          | \$5.50 |
| o Seasonal Vegetables          | \$5.50 |
| o BLT                          | \$5.00 |
| Bacon lettuce and Tomato       |        |
| add Avocado + 50c (order only) |        |

### Second Break (lunch)

|                              |        |
|------------------------------|--------|
| Sandwiches/Wraps             |        |
| o Ham                        | \$4.00 |
| o Chicken, lettuce & mayo,   | \$4.50 |
| o Cheese                     | \$4.00 |
| o Egg and lettuce            | \$4.50 |
| o Chicken and seasonal salad | \$6.00 |
| o Ham and seasonal salad     | \$6.00 |
| Pasta of the day             | \$6.00 |
| Rice, noodles, or pasta      |        |
| Soup of the day (seasonal)   | \$5.00 |
| Lasagna/Quiche (seasonal)    | \$5.50 |

### Specials

See Canteen board for Specials and package deals.  
Prices as shown.

**Ordering recommended to avoid  
disappointment.**

### Both Breaks - Till Sold Out.

|                               |        |
|-------------------------------|--------|
| Chicken Burger                | \$6.00 |
| Chicken, lettuce, and mayo    |        |
| Cheeseburger                  | \$6.00 |
| Beef and Cheese               |        |
| Beef Burger                   | \$6.50 |
| Beef and seasonal salad       |        |
| Veggie Burger                 | \$6.00 |
| Veggie paddy & seasonal salad |        |
| Traveller Pie                 | \$5.00 |
| Traveller Sausage Rolls       | \$4.00 |
| Sausage Rolls homemade        | \$5.00 |
| Spinach and ricotta Roll      | \$5.00 |
| Fruit cups (seasonal)         | \$3.00 |
| Custard (seasonal)            | \$3.00 |

### Drinks

#### Hot Drinks

Small \$5.00 Medium \$5.50 Large \$6.00

|                                 |            |
|---------------------------------|------------|
| Cappuccino                      | Flat White |
| Hot Chocolate                   | Mocha      |
| Latte                           | Chai Latte |
| Vanilla, Hazelnut, caramel +50c |            |

#### Cold Drinks

|                              |        |
|------------------------------|--------|
| Large Water "Pump" plain     | \$4.00 |
| Large Water "Pump" flavoured | \$4.50 |
| Small Water                  | \$3.00 |
| Up and Go                    | \$3.00 |
| Poppers                      | \$3.00 |
| Ice Blocks                   | \$1.00 |

|                       |        |
|-----------------------|--------|
| Small, flavoured milk | \$3.00 |
| Chocolate, Strawberry |        |

|                       |        |
|-----------------------|--------|
| Large, flavoured milk | \$4.00 |
| Chocolate, Strawberry |        |
| Coffee, Vanilla       |        |

|                               |        |
|-------------------------------|--------|
| Milkshakes                    | \$4.00 |
| Chocolate, Strawberry, Coffee |        |
| Caramel, Vanilla, Blue Heaven |        |

|                           |        |
|---------------------------|--------|
| Iced Coffee (seasonal)    | \$6.00 |
| Iced Chocolate (seasonal) | \$6.00 |